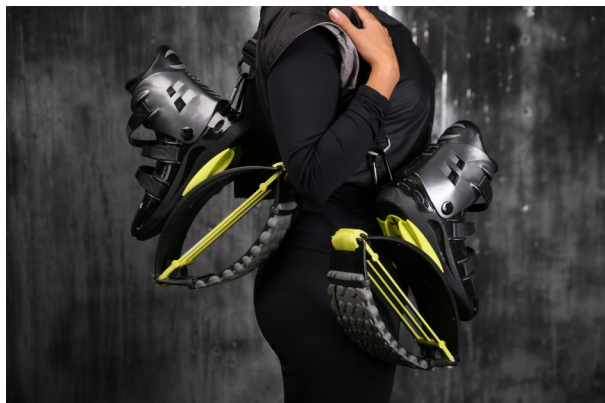


# Kangoo Power

## For Ages 15+



Want a fun and exciting class that provides a low-impact, high-intensity workout? Kangoo Power provides it, through exercises structured on the use of Rebounding shoes. These Rebounding shoes increase the impact time while reducing the impact stresses that occur with normal running shoes. Come experience the benefits of this innovative footwear.

Register early to ensure your spot

Ages	Days/Times	Dates	Fee	Code
15+	<u>Wednesdays</u> 7:00pm - 8:00pm	January 4th—25th	\$80R / \$100NR	214291-A1
		February 8th—22nd	\$80R / \$100NR	214291-A2
		March 8th—22th	\$80R / \$100NR	214291-A3
		April 5th—19th	\$80R / \$100NR	214291-A4
		May 3rd—17th	\$80R / \$100NR	214291-A5

<b>Location:</b>	Wellington Community Center   (561) 753-2484   12150 Forest Hill Boulevard.
<b>Instructor Contact:</b>	Michelle Marton: Phone: 561-215-9125
<b>Special Notes:</b>	Kangoo Boots will be provided. Please inform the front desk of your shoe size



### REGISTER ONLINE\*

You can register for most programs online at:  
[www.wellingtonfl.gov/webtrac](http://www.wellingtonfl.gov/webtrac)

By default your initial username and password are set as your Household Number. This number is found at the top left of your registration receipt.

\*First time participants must register in-person to establish a household in our system. **Proof of residency and age required.** Not all programs available for online registration. Visit [wellingtonfl.gov/activityregistration](http://wellingtonfl.gov/activityregistration) for more info.

### Transfer & Cancellation Refund Policy:

A \$10.00 per participant / activity administrative fee will be deducted for each transfer/refund. If you are unable to participate in your program, you must notify the office before the second activity/ class to receive your refund. No refunds are issued after the 2<sup>nd</sup> class. No refunds are considered once the activity/class is over, except in the case of a documented medical emergency.

### Special Assistance

If you are in need of any special assistance in order to participate in any of our programs, please call Chris O'Connor at (561) 612-6697, at least two weeks prior to the begin date of the program or class.

